

VOMS SCORING SHEET

Symptoms on a 0 - 10 (severe) scale

Modified from Mucha A, Collins MW, Elbin RJ, FurmanJM, Troutman-Enseki C, DeWolf RM, Marchetti G, Kontos AP.

Vestibular/Ocular Motor Test	N/T	Headache	Dizziness	Nausea	Fogginess	Comments
Baseline Symptoms (Pre VOMS)						
Smooth Pursuit						
Saccades (horizontal)						
Saccades (vertical)						
Convergence (NPC) #1 _____ cm						
#2 _____ cm						
normal 5 cm or < (2") #3 _____ cm						
VOR Horizontal (180 bpm)						
VOR Vertical (180 bpm)						
Visual Motion Sensitivity (50 bpm)						

Brief Instructions : patient seated unless noted otherwise. 9-40 y/o, 1 day or > after injury

Pursuit - one stick, 3' away and level with patient's nose, move stick slowly 1.5' to the left and 1.5' to the right

Repeat moving stick vertically. Slow : 2 seconds to go L to R & again L to R. 2 repetitions each direction.

Saccade - start 2 sticks, 3 feet away and level with patient's nose . Each stick 1.5' to the left and right of nose,

Look over & back 10x. Repeat vertically. Patient is to move eyes as fast as they can.

NPC - 1 stick, 3' away and level with patient's nose. Move stick slowly towards nose.

Stop when they report seeing double or you see an eye turn/drift. Measure distance to nose..

VOR - Hold one stick, 3' away and level with patient's nose. Speed of head movement, 180 bpm.

Patient turn head 20 degrees left and right, 10 times maintaining focus on target. Repeat vertically.

Visual Motion Sensitivity - Standing, patient holds stick or thumb; arms reach in front of nose.

While maintaining fixation on stick, rotate head arms and trunk left and right 80 degrees 5x @50 bpm..

Name:_____ DOB:_____ DOI:_____ Date:_____